



American Health and Safety Institute

CPR, AED

Industrial TurnAround Corp.

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ASHI CPR and AED

ASHI CPR and AED is a combined CPR and AED program designed specifically for laypeople. The program is an excellent choice for both the community and workplace setting, and is based upon the 2010 International Consensus on Cardiopulmonary Resuscitation (CPR) and Emergency Cardiovascular Care (ECC) Science with Treatment Recommendations (CoSTR) and other evidence-based treatment recommendations.

Class options

- Adult
- Child and Infant
- Adults, Child, and Infant

ASHI-approved training materials

- ASHI *CPR and AED* Student Handbook (one per participant, print or digital)
- ASHI *CPR and AED* Instructor Guide (one per Instructor, print or digital)
- ASHI *CPR and AED* media presentation (program video, PowerPoint®, or computer/online blended class)

Successful completion (certification)

- *Written evaluation*: Required when specified by organizational, local, or state regulation. It is recommended for designated responders with a duty or employer expectation to respond in an emergency and provide first aid care.
- *Performance evaluation*: All students must perform required skills competently without assistance.

Recognized certification period

Up to 2 years

Recommended time to complete

Initial training

- Adult: 2 hours
- Child and Infant: 2 hours
- Adult, Child, and Infant: 3 hours

Renewal training

- Less than initial instructional time

Course topics

- Respiratory and Circulatory Systems
- Sudden Cardiac Arrest
- Early Defibrillation
- Chain of Survival

- Chain of Survival for Children
- CPR and AED Provider—Legal Considerations
- Recognizing an Emergency
- Deciding to Help
- Personal Safety
- Disease Transmission
- Universal Precautions
 - Emergency Medical Services (EMS)
 - Basic CPR—Chest Compressions
 - Basic CPR—Rescue Breaths
 - Basic CPR—Primary Assessment
 - Unresponsive and Breathing—Recovery Position
 - Unresponsive and Not Breathing—CPR
 - Basic AED Operation
 - AEDs and Children
 - AEDs—Troubleshooting
 - Choking
- Emotional Considerations